

# Wash your hands so you can stop germs



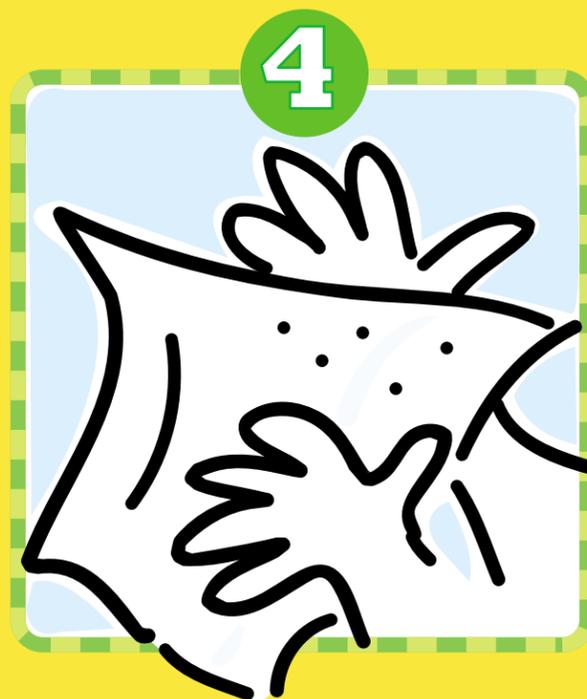
Use **soap** and  
**running water.**



**Rub** your hands  
back and forth.



**Rinse** with water.



**Dry** hands with  
**paper towel.**